



Charnwood Primary Halal Menu - 2017



WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION 1 (H)	Chicken Sausages (G)	Cheese Flan (G,ML,E)	Lamb Quesadilla (G,ML)	Lamb Pilau (G)	Salmon Fish Fingers
OPTION 1 (V)	Yellow Moong Dhal (G) Rice & Naan (G,ML,E)	Arad Bean Curry (G) Rice & Chapatti (G)	Mixed Dhal (G) Rice & Naan (G,ML,E)	Chick Pea & Potato Curry (G) Rice & Naan (G,ML,E)	Paneer & Sweetcorn Curry (G,ML) Rice & Naan (G,ML,E)
OPTION 2 (V)	Quorn Sausages (G,ML,E)	Cheese Flan (G,ML,E)	Quorn Fillet (G,ML,E)	Cheese & Potato Pie (ML)	Vegetable Burger (G)
SIDES	Creamed Potatoes (ML) Brown & White Rice or Naan Bread (G,ML,E) ~ Baked Beans Spicy Cauliflower (G) Mixed Salad	Jacket Potato Pasta Twists (G) ~ Sweetcorn Broccoli Mixed Salad	Roast Potatoes Jacket Potato ~ Brussel Sprouts Carrots Mixed Salad	Naan Bread (G,ML,E) Pasta (G) Malted Baguette (G) ~ Broccoli Coleslaw (E) Mixed Salad	Chips Ciabatta Slice (G) ~ Peas Baked Beans Mixed Salad
ACCOMPANIMENTS	Tomato Sauce Cucumber Raita (ML)	Tomato Sauce	Gravy (G,ML,E) Mango Chutney	Tomato Sauce	Tomato Sauce Vinegar (G)
DESSERT	Jammie Cookie (G) Chocolate Sponge (G,ML,E)	Chocolate Krispie (G) Plum Crunch Cake (G)	Apple Crumble & Custard (G,ML) Lemon Shortbread (G,ML)	Iced Fruit Sponge (G,ML,E) Coconut Cookie (G,ML,E)	Ice- Cream (ML) Fruit Salad
BREAD	White Bread (G,ML)	Brown Bread (G,ML)	White Bread (G,ML)	Brown Bread (G,ML)	White Bread (G,ML)

MILK – FRUIT – YOGURT AVAILABLE DAILY

Week Commencing: 27th February, 27th March, 8th May, 12th June, 10th July

**G = Gluten ML = Milk/Lactose E = Eggs V = Vegetarian
For all other allergens please ask a member of catering staff**



Charnwood Primary Halal Menu – 2017



WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION 1 (H)	Chicken Saag (G) Rice & Naan (G,ML,E)	Sticky Spicy Chicken	Fish Fingers (G)	Roast Chicken (G,ML,E)	Pizza (G,ML)
OPTION 1 (V)	Toover Dhal (G) Rice & Naan (G,ML,E)	Moong Bean Curry (G) Rice & Chapatti (G)	Kidney Bean & Sweetcorn Curry (G) Rice & Chapatti (G)	Mixed Bean Curry (G) Rice & Chapatti (G)	Khichadi Khadi (G,ML) Potato Curry (G) Naan Bread (G,ML,E)
OPTION 2 (V)	Cheese & Tomato Slice (ML,E)	Macaroni Cheese (G,ML)	Vegetable Finger (G,ML)	Quorn Fillet (G,ML,E)	Pizza (G,ML)
SIDES	Jacket Potato Brown & White Rice or Naan Bread (G,ML,E) ~ Peas & Carrots Baked Beans Mixed Salad	Steamed Rice Malted Baguette (G) ~ Sweetcorn Cob Broccoli Mixed Salad	Jacket Potato Tomato Pasta (G,ML,E) ~ Baked Beans Coleslaw (E) Mixed Salad	Roast Potatoes Garlic Roll (G,ML,E) ~ Cauliflower & Broccoli Gratin (ML) Mixed Vegetables Mixed Salad	Chips Ciabatta Slice (G) ~ Peas Baked Beans Mixed Salad
ACCOMPANIMENTS	Tomato Sauce		Tomato Sauce	Gravy (G,ML,E) & Stuffing (G)	Tomato sauce Vinegar (G)
DESSERTS	Ginger Biscuit (G,ML,E) Chocolate Muffin (G,ML,E)	Iced Sponge (G,ML,E) Oat & Raisin Biscuit (G,ML,E)	Assorted Frozen Yogurt (ML) Eve's Pudding & Custard (G,ML,E)	Chocolate Tart (G,ML) Fruit Medley	Ice-Cream (ML) Norwegian Biscuits (G)
BREAD	Brown Bread (G,ML)	White Bread (G,ML)	Brown Bread (G,ML)	White Bread (G,ML)	Brown Bread (G,ML)

MILK – FRUIT – YOGURT AVAILABLE DAILY

Week Commencing: 6th March, 3rd April, 15th May, 19th June

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Charnwood Primary Halal Menu - 2017



WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION 1 (H)	Chicken Sausages (G)	Cheese Flan (G,ML,E)	Chicken Pilau (G)	Mattar Keema (G)	Battered Pollock Goujons (G,ML)
OPTION 1 (V)	Vegetable Masala (G,ML) Rice & Naan (G,ML,E)	Chick Pea Curry (G) Rice & Chapatti (G)	Khichadi & Kadhi Potato Curry (G,ML) & Chapatti (G)	Toover Dhal (G) Rice & Naan (G,ML,E)	Moong Bean Curry (G) Rice & Chapatti (G)
OPTION 2 (V)	Quorn Sausages (G,ML,E)	Butter Bean Pasta with Roasted Vegetables (G,ML)	Creamy Vegetable Pie (G,ML)	Quorn Fillet (G,ML,E)	Cajun Vegetables
SIDES	Naan Bread (G,ML,E) Creamed Potatoes (ML) ~ Baked Beans Mixed Vegetables Mixed Salad	Malted Baguette (G) Jacket Potato ~ Coleslaw (E) Garden Peas Mixed Salad	Steamed Rice Ciabatta Slice (G) ~ Broccoli Florets Sweetcorn Mixed Salad	Roast Potatoes Creamed Potatoes (ML) ~ Baton Carrots Green Beans Mixed Salad	Chips Tortilla (G) ~ Mixed Vegetables Garden/Mushy Peas Mixed Salad
ACCOMPANIMENTS	Tomato Sauce	Tomato Sauce		Gravy (G,ML,E)	Tomato Sauce Vinegar (G)
DESSERT	Date Slice (G) Cherry Shortbread (G,ML)	Chocolate Cracknel with Raisins (G) Ice Cream (ML)	Iced Sponge (G,ML,E) Fruit Medley	Apple Crumble & Custard (G,ML) Chocolate & Pear Muffin (G,ML,E)	Mousse (ML) Festival Shortbread (G,E)
BREAD	White Bread (G,ML)	Brown Bread (G,ML)	White Bread (G,ML)	Brown Bread (G,ML)	White Bread (G,ML)

MILK – FRUIT – YOGURT AVAILABLE DAILY

Week Commencing: 13th March, 24th April, 22nd May, 26th June

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Charnwood Primary Halal Menu – 2017



WEEK 4	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION 1 (H)	Paneer & Sweetcorn Curry (G,ML) Rice & Chapatti (G)	Salmon & Pollock Curry (G) Rice & Naan (G,ML,E)	Spicy Chicken Stir Fry	Battered Cod (G)	Selection of Pizza (G,ML)
OPTION 1 (V)	Paneer & Sweetcorn Curry (G,ML) Rice & Chapatti (G)	Chick Pea & Potato Curry (G) Rice & Naan (G,ML,E)	Yellow Moong Curry (G) Rice & Chapatti (G)	Kidney Bean & Sweetcorn Curry (G) Rice & Naan (G,ML,E)	Sprouting Moong Bean & Math Curry (G) Rice & Chapatti (G)
OPTION 2 (V)	Broccoli & Spaghetti Bake (G,ML)	Quorn Fillet (G,ML,E)	Quorn Stir Fry (G,E)	Vegetable Lasagne (G,ML)	Chick Pea & Potato Curry (G)
SIDES	Malted Baguette (G) Creamed Potatoes (ML) ~ Sweetcorn Sliced Carrots Mixed Salad	Roast Potatoes Creamed Potatoes (ML) ~ Mixed Vegetables Shredded Cabbage Mixed Salad	Creamed Potatoes (ML) Egg Noodles (G,E) ~ Broccoli Florets Sweetcorn & Mixed Peppers Mixed Salad	Chips Ciabatta Slice (G) ~ Baked Beans Garden Peas Mixed Salad	Jacket Potato Steamed Rice ~ Garden/Mushy Peas Baton Carrot Mixed Salad
ACCOMPANIMENTS			Gravy (G,E,ML)	Tomato Sauce/Vinegar (G)	
DESSERTS	Ice Cream (ML) Apple Flapjack (G)	Fruit Strudel & Custard (G,ML) Melting Moments (G)	Lemon Biscuit (G,E) Fruit Salad	Iced Carrot Cake (G,ML,E) Mousse (ML)	Iced Fruit Sponge (G,ML,E) Jumble Biscuit (G,ML,E)
BREAD	Brown Bread (G,ML)	White Bread (G,ML)	Brown Bread (G,ML)	White Bread (G,ML)	Brown Bread (G,ML)

MILK – FRUIT – YOGURT AVAILABLE DAILY

Week Commencing: 20th February, 20th March, 1st May, 5th June, 3rd July

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