

## **Charnwood Primary School**

Tuesday, 16 May 2017



Dear Parent/Carer,

As you may have seen on the regional weather forecast, we are expecting warm weather over the next few weeks.

Children's susceptibility to high temperatures varies, however children cannot control their body temperature as efficiently as adults during hot weather because they do not sweat as much and so can be at risk of ill-health from heat.

If sensible precautions are taken children are unlikely to be adversely affected by hot conditions.

Therefore we are asking parents to:

- Send a water bottle with their child to school everyday
- Apply sun-cream to exposed areas (at least factor 15 with UVA protection)
- · Provide a sun hat with a wide brim or baseball cap
- Ensure children are dressed in loose, light-coloured clothing

In school, staff will be monitoring children during playtimes and lunchtimes and within classrooms for any signs of ill health

Yours sincerely,

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Ms N Jassat Head teacher